



# The Remarriage Blueprint: How Remarried Couples and Their Families Succeed or Fail

*Maggie Scarf*

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A *New York Times* bestselling relationship expert shares stories of seven remarried couples—and explains the unique challenges these families face and how anyone can bypass roadblocks to lasting intimacy and enjoy a happy home life: “A compelling book that can serve anyone looking to tie the knot once more” (*Kirkus Reviews*).

It’s estimated that 40 percent of new marriages in the US are remarriages, but the survival rate of second marriages is alarmingly low. Many remarrying couples set out with a sense of optimism, a belief that this marriage will usher in a life of happiness and unity—but complicated family dynamics can often strain new partnerships to the breaking point. The challenges of remarriage are pervasive, but little guidance has existed until now.

Based on more than a decade of candid, revelatory interviews, *The Remarriage Blueprint* provides a crucial explanation of the obstacles to remarriage and the secrets to overcoming them. Author Maggie Scarf, a consummate relationship expert, plumbs the everyday workings of shared life to illuminate the emotional preconceptions, social pressures, and perpetuated fantasies that confound remarriage. Through cautionary tales and stories of hope, Scarf offers guidance for handling everything from children who reject the new family dynamic to the thorny issue of money. Loaded with practical wisdom and searing accounts, *The Remarriage Blueprint* is “an extremely helpful book on a topic that receives too little attention” (Peter D. Kramer, Clinical Professor of Psychiatry and Human Behavior at Brown University and author of *Listening to Prozac*).

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