



# Teaching Children Physical Education - 3rd Edition: Becoming a Master Teacher

George Graham

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In this fully updated edition, George Graham, PhD, presents a concise, practical, user-friendly view of what it takes to become a master teacher of children's physical education. The book is contemporary and easy to apply in real-world teaching situations. Dr. Graham knows kids—and the challenges of teaching them.

Teaching Children Physical Education, Third Edition, is valuable to future and veteran teachers alike. Future teachers will learn the skills and techniques that master teachers employ, and experienced teachers will be challenged to consider some new techniques for designing their classes, developing lessons, and adjusting tasks for individual children. All readers will learn the skills and techniques that successful teachers use to make their classes vibrant, fun, and developmentally appropriate.

Graham, a university professor and public school physical education instructor who was recently named to the NASPE Hall of Fame, deftly weaves research-based information with firsthand experience in a conversational tone. The result is an easy-to-read book rich with practical advice based on *what really works* in today's gymnasiums and playgrounds.

Bound into every copy of the book is a DVD featuring video clips showing teachers in real-life situations as well as easy-to-print worksheets from the book. The video clips illustrate key techniques and strategies from the book. Those techniques and strategies include how to

- motivate children to practice,
- build positive feelings,
- minimize off-task behavior and discipline problems,
- create an atmosphere of learning,
- maximize learning,
- develop lesson content,
- use a problem-solving approach,
- observe and analyze,
- provide feedback, and
- assess children's (and your own) progress.

The book includes many practical teaching scenarios that illustrate the decision-making process that master teachers use in virtually every lesson they teach. Other reader-friendly features include

- chapter objectives,
- author insights that make the book come alive, and
- reflection questions that help teachers consider how well a lesson worked and what would have happened if they had taken a different approach.

This new edition is also backed by easily downloadable ancillaries for course instructors, including an instructor guide and test and presentation packages.

*Teaching Children Physical Education* has become the foundation for the shared technical language that is used in many college and university PE teacher education programs. If you're looking for an affordable text or reference that focuses on pedagogy in a down-to-earth style, *Teaching Children Physical Education, Third Edition* is a book you'll turn to again and again on your way to becoming a master teacher.

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