



# Aesthetic Rejuvenation: A Regional Approach

*Ranella Hirsch, Neil Sadick, Joel Cohen*

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**A Complete Head-to-Toe Guide to the Most Current Techniques and Technologies for Aesthetic Rejuvenation -**

*Uniquely Organized by Body Region*

Written by three of the field's leading experts, *Aesthetic Rejuvenation* is a practical, in-depth guide covering the most up-to-date anti-aging techniques and technologies.

Organized by body region rather than technique or problem, this unique guide includes anatomical highlights and danger zones, treatment planning, procedure, and possible complications for each specific area. The authors also discuss treatment for scars and stretch marks.

Complete with detailed illustrations throughout, *Aesthetic Rejuvenation* covers the most popular techniques in cosmetic dermatology, including:

- Botox injections
- Fillers and peels
- Lasers and photodynamic light therapy
- Liposuction
- Non-ablative treatment
- Fractional resurfacing techniques
- Cosmeceuticals
- Threads and mini-lifts
- Herbal and vitamin therapies
- Tightening devices

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