



# Ideas for Parents of Difficult or Out of Control Teenagers

*Helena O'Darity Cromwell*

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## **Ideas for Parents of Difficult or Out of Control Teenagers** Helena O'Darity Cromwell

Parents will find this book to be a compilation of two totally separate books that have a wealth of parenting tips embedded in each of them. The first book is entitled, My Teen is Out of Control, and deals with some of the more defiant behaviors teens may exhibit. The second book included is entitled, Secrets to Parenting a Difficult Teenager. This short book suggests ways parents can deal with an otherwise healthy teenager who is simply misbehaving for attention. Together these guides cut to the chase and get down to the business of resolving the problems faced by parents of teenagers who are either problematic, or possibly on their way to becoming problematic. This read is for serious minded individuals only.

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