

Jubilee Time: Celebrating Women, Spirit, And The Advent Of Age

Maria Harris



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In keeping with the bestselling *When I Am an Old Woman I Shall Wear Purple*, and Gail Sheehy's *New Passages, Jubilee Time* celebrates the freedom, opportunities, and power of older women, who are too often maligned in our youth-obsessed culture. Based on the Jubilee passage in Leviticus--"You shall hallow the fiftieth year. It shall be a Jubilee for you"--this practical and philosophical book helps women assess what values and beliefs they want to carry forward into the second half of life.

A Jubilarian herself, Harris draws on her own experience and cites others--including May Sarton, Anne Morrow Lindbergh, M.F.K. Fisher, Florida Scott-Maxwell, Doris Grumbach, as well as more than one hundred "ordinary" women--to reflect the variety and vitality of this unheralded community. In lyrical prose punctuated by exercises and meditations, she invites readers to rest and reflect, stop and take stock, celebrate and cultivate the rich rewards of a mature spirituality.

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