



# Happy Swinging

*Sue Gould*

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## **Happy Swinging** Sue Gould

Threesomes, Swapping, Orgies... These are the kinds of fantasies on the minds of many sexually active adults today. What most people don't know is that these sexual thrills, and many others, are being enjoyed by hundreds of thousands of people across the country, safely and without cheating on their partners. Once a hushed taboo of the 60's and 70's, swinging has become much more mainstream in the new century and has become a way for couples to grow closer to each other and open their lives to new sexual possibilities. You can enjoy the thrills and benefits of this lifestyle too.

Happy Swinging opens the door for you to this exciting world and answers your questions about the swinging lifestyle. Inside you'll learn about:

**Emotional pitfalls:** Learn how to avoid jealousy, fear, and performance anxiety through communication with your partner and the people you meet.

**Body image:** How much do looks, weight, and your age really effect your chances of connecting with other people?

**Personal safety:** From club security to knowledge of sexually transmitted diseases to the mutual understanding that "no means no," safely provides freedom to enjoy the lifestyle.

**Sexual exploration:** Swinging is an ideal way to explore interests in things like bisexuality and BDSM in a safe, welcoming, no-pressure environment.

**Years of experience:** One of the lifestyle's most respected experts provides a broad perspective on everything from appropriate behavior to the impact of the internet to the funny phone calls she receives.

**Where to go:** Complete listings of hundreds of swinger clubs across America and how to contact them.

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