

Your Brain Has a Bent (Not a Dent)

Arlene R Taylor PhD, W Eugene Brewer EdD

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Ever wonder why you find some tasks exhausting and others energizing? Or why you procrastinate certain activities--or would if you thought you could get away with it? Or why your brain learns some skills easily and struggles with others? Or why you are singing from the same song sheet with some individuals and always out of tune with others? Or if the prevailing wisdom that your brain really does differ from all other previous or current brains is not a myth? Brain-function research is shedding light on these conundrums. The emerging information can help you purposefully use your brain to enhance success, make choices about work or career that match better with your own uniqueness, effectively manage your brain's energy for brain longevity, and enhance your understanding of yourself and others. And all with delight and by design! 3rd Edition



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Deborah Mazzarella:

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