



God of Our Understanding: Jewish Spirituality and Recovery from Addiction

Rabbi Shais Taub

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God of Our Understanding is a frank and penetrating look at the underlying spiritual dynamics of addiction and its treatment through Twelve-Step programs. Rabbi Shais Taub, a world renowned expert in Jewish mysticism as well as a mentor to many thousands of addicts, draws from his unique background to thoroughly address many of the concerns raised by Jewish addicts in recovery while also using Jewish knowledge to enrich the understanding of the spiritual principles of recovery for addicts of all faiths.

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