



Taking on Heart Disease: Famous Personalities Recall How They Triumphed Over the Nation's #1 Killer and How You Can, Too (Random House Large Print Nonfiction)

Larry King

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The public usually learns when a celebrity is stricken with a life-threatening illness. But what we don't get to share are the intimate details of their private anguish and personal treatment. In **TAKING ON HEART DISEASE**, more than a dozen celebrities from the arts, sports, politics, and journalism team up with The Larry King Cardiac Foundation and Spotlight Health to speak candidly and movingly about the battles they have waged with heart disease. In the process, they arm us with the knowledge we need to fight--and eventually win--the war against the nation's #1 killer.

Walter Kronkite, Regis Philbin, Joyce Carol Oates, Kate Jackson, Mike Wallace, Peggy Fleming, and Brian Littrell are some of the famous, successful men and women who have agreed to speak so openly in **TAKING ON HEART DISEASE**. Their private doctors, among the top cardiologists in the nation, explain the important medical implications of each case, providing the most up-to-date scientific information on preventing, treating, and living with a variety of heart ailments. In **TAKING ON HEART DISEASE**, you will discover:

? An honest discussion of the emotional impact of deadling with heart disease, including the anxiety and depression many heart patients experience after treatment

? A primer on the main risk factors for heart disease--and what you can do to lower your risk

? A surprising look at the spiritual implications of surviving a life-threatening cardiac event

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