



How Not to Look Old: Tips for Maintaining Your Youthful Appearance

Martha Stone

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This book is perfect for any women over the age of 40 who are struggling to look younger. Many times, you may think that something that worked for you 10 years ago, works for you now and this is not always the case. Embrace your age and also your appearance. Just because you are aging does not mean that you need to look old too. **Get ready to not only feel young, but look young! These tips and tricks are the perfect combination to get you off to looking beautifully young and radiant again, even at 40, 50 or 60.**

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