



**The Natural Pharmacist : Natural Health Bible
from the Most Trusted Alternative Health Site in
the World : Your A-Z Guide to Over 300
Conditions, Herbs, Vitamins, and Supplements**

Steven Bratman M.D., David J. Kroll Ph.D., Angelo Depalma Ph.D.

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Discover Which Herbs and Supplements Are Best for You

Do you know that safe and effective natural treatments exist for many of today's common health conditions? The most recent scientific research suggests that in addition to promoting better health, many herbs, vitamins, and supplements may be powerful weapons in the battle against specific diseases.

Inside, you'll learn how the therapeutic wonders of natural medicine can benefit you. This revised and expanded second edition includes 100 new chapters covering the latest scientific evidence on the effectiveness of the most popular herbs, vitamins, and supplements. Every statement has been rigorously reviewed for accuracy by a medical doctor and a professor of pharmacology. You'll learn what works for you—and what doesn't.

Cross-referenced between conditions and treatments, this book includes:

- An A-Z guide to health conditions
- An A-Z guide to herbs, vitamins, and supplements
- Important dosage and safety information
- And much, much more!

Research in the field of natural medicine is growing exponentially. For this revised second edition of our best-selling *The Natural Pharmacist: Natural Health Bible*, we've added thousands of new studies. We've also translated over 100 non-English studies to report them accurately and scoured the research databases of the world to find older but meaningful studies that had been forgotten. This book is now based on a research database that includes over 3,500 full-text studies. We've added 50 new chapters to Part 1, Conditions, 49 new chapters to Part 2, Herbs and Supplements, and expanded and updated existing chapters. *The Natural Health Bible, Revised 2nd Edition* is truly the most comprehensive and up-to-date book on the science-based use of herbs and supplements.

Responsible and accurate, *The Natural Pharmacist: Natural Health Bible* is the source for information you and your loved ones can trust.

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