



# **Wrinkles - Prevention and Treatment with Homeopathy, Acupressure and Schuessler salts (homeopathic cell salts): A naturopathic, homeopathic and biochemical guide**

*Robert Kopf*

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## **Wrinkles - Prevention and Treatment with Homeopathy, Acupressure and Schuessler salts (homeopathic cell salts): A naturopathic, homeopathic and biochemical guide Robert Kopf**

As you get older, your skin and connective tissue becomes less elastic, saggy and more fragile. Some wrinkles can become deep crevices or furrows and are most prominent on the face, neck, hands and forearms. Wrinkles are often a sign of poor blood circulation, a weak connective tissue, an acidification of the body, metabolic diseases, stress, mental problems and hormonal imbalance.

In this naturopathic adviser, I will give you recommendations how to treat wrinkles with homeopathy, Schuessler salts (also named cell salts, tissue salts, biochemistry), herbal tinctures and acupressure. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. Homeopathy works holistically and treats the whole body, spirit and soul.

Acupressure comes from the Far East. During the acupressure treatment special points are pressed, massaged or rapped. As long as the energy is distributed evenly throughout the energy channels (meridians) of the body, the person is healthy. When the energy flow is disrupted, the person is sick. By treating certain points, the energy between the meridians will be balanced and the patient gets enough power to become healthy.

I wish you much success in your treatment, joy of life and especially your health. You will find more information about health in my other ebooks.

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