



# Psychobiological Processes in Health and Illness

*Kate Hamilton-West*

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**Psychobiological Processes in Health and Illness** Kate Hamilton-West

**Psychobiological Processes in Health and Illness** is an accessible and engaging introduction to the interrelationships between mind and body across a broad range of topics including infectious illness, autoimmunity, cancer and pain. Taking a biopsychosocial approach, it brings together research from a number of disciplines including health psychology, psychoneuroimmunology and behavioral genetics. The textbook presents established theoretical models relevant to psychobiological processes in health and illness, as well as recent developments in systems, technologies and intervention methods.

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