



# Psicoterapia infantil con juego. Casos clínicos (Spanish Edition)

*Fayne Esquivel*

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## **Psicoterapia infantil con juego. Casos clínicos (Spanish Edition)** Fayne Esquivel

La obra “Psicoterapia infantil con juego. Casos clínicos”, conjuga dos vertientes necesarias para el trabajo con niños: fundamentación teórica y clínica aplicada; es producto de varios años de investigación en el campo de la Psicoterapia infantil. El primer capítulo hace un recorrido histórico que aborda las diferentes formas de psicoterapia, desde M. Klein y A. Freud hasta la actualidad; el segundo capítulo aborda el desarrollo emocional y la psicopatología infantil en el ámbito clínico y desde una perspectiva psicológica integral, se concede gran importancia al desarrollo de las emociones y su influencia en el comportamiento y el desarrollo social; en el tercer capítulo se plantea al juego como aspecto constitutivo del desarrollo socioemocional del niño como recurso fundamental de la psicoterapia infantil, así como su uso en diversos enfoques psicoterapéuticos.

Incluye nueve casos prácticos sobre la Psicoterapia infantil aplicados a diversos problemas en los niños, tales como:

- Terapia de juego para el autocontrol de emociones con un niño con capacidad intelectual por debajo del promedio
- Análisis de la actividad de juego, Asperger y funcionalización cognoscitiva
- Trastorno por déficit de atención con hiperactividad (TDA/H/1)
- Trastorno de ansiedad
- La terapia de juego cognitivo conductual en el manejo de la tartamudez y la ansiedad
- Trastorno del estado de ánimo
- Dificultades en las relaciones familiares
- Institucionalización por maltrato y abuso
- Problemas de conducta en la escuela

Por su amplio contenido y claridad de técnicas empleadas en la psicoterapia infantil, se considera a éste, un libro indispensable tanto para los estudiantes que se inician en el campo de la Psicoterapia infantil como para los especialistas en Psicología Infantil, Educativa y áreas afines.

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