



Prayers, Mantras and Gayatris: A Collection for Insights, Protection, Spiritual Growth, and Many Other Blessings

Stephen Knapp

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Using mantras or prayers can help us do many things, depending on our intention. First of all, it is an ancient method that has been used successfully to raise our consciousness, our attitude, aim of life, and outlook, and prepare ourselves for perceiving higher states of being. The Sanskrit mantras within this volume offer such things as the knowledge and insights for spiritual progress, including higher perceptions and understandings of the Absolute or God, as well as the sound vibrations for awakening our higher awareness, invoking the positive energies to help us overcome obstacles and oppositions, or to assist in healing our minds and bodies from disease or negativity. They can provide the means for requesting protection on our spiritual path, or from enemies, ghosts, demons, or for receiving many other benefits. In this way, they offer a process for acquiring blessings of all kinds, both material and spiritual. There is something for every need. Some of what you will find includes: The most highly recommended mantras for spiritual realization in this age. A variety of prayers and gayatris to Krishna, Vishnu and other avatars, Goddess Lakshmi for financial well-being, Shiva, Durga, Ganesh, Devi, Indra, Sarasvati, etc., and Surya the Sun-god, the planets, and for all the days of the week. Powerful prayers of spiritual insight in Shiva's Song, along with the Bhajan Govindam by Sri Adi Shankaracharya, the Purusha Sukta, Brahma-samhita, Isha Upanishad, Narayana Suktam, and Hanuman Chalisa. Prayers and mantras to Sri Chaitanya and Nityananda. Strong prayers for protection from Lord Narasimha. The protective shield from Lord Narayana. Lists of the 108 names of Lord Krishna, Radhika, Goddess Devi, Shiva, and Sri Rama. The Vishnu-Sahasranama or thousand names of Vishnu, Balarama, Gopala, Radharani, and additional lists of the sacred names of the Vedic Divinities; And many other prayers, mantras and stotras for an assortment of blessings and benefits.

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