



**APPLE CIDER VINEGAR: The Ultimate guide
book you need to know about it! (learn how to use
it for beauty and skin treatment,how to make
it,lose weight with ... learn all the delicious recipes
of it)**

Gayatri Tulshyan

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“Apple cider vinegar – the ultimate book you need to know about it!” is a book made to teach you everything about apple cider vinegar.

This book contains all the information that you need to know about apple cider vinegar. What actually the apple cider vinegar is, how to make your own apple cider vinegar, how to use it, where all you can use it, what are benefits you can get from this single substance like weight loss, skin and body care. How to prepare your delicious food using apple cider vinegar ,i.e., delicious recipes of it. This book will teach you everything and anything you wish to know that is related to apple cider vinegar.

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