



The Complete Idiot's Guide to Enhancing Sexual Desire

Judy Ford MSW LCSW, Rachel Greene Baldino MSW LCSW

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Staying focused on one of life's greatest pleasures ...

From setting the stage and setting aside "sex time" to natural and chemical stimulants and enchancers to a wide variety of mechanical and visual erotic aids, this guide offers expert advice from two noted sex therapists. It helps couples overcome busy schedules, fatigue, and distractions—and keep sexual desire not only alive and well but charged with total satisfaction.



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