



Nondigestible Carbohydrates and Digestive Health (Institute of Food Technologists Series)

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Featuring authors from academia as well as industry, this book provides a broad view of carbohydrates influencing digestive health. Part 1 is a general overview of carbohydrates that function as prebiotics or fermentable carbohydrates. Part 2 is a more in depth examination of specific carbohydrates for digestive health and applications. This book provides an in-depth review and thorough foundation for food scientists, product developers and nutrition scientists seeking to understand the digestive health implications of carbohydrates.

Key features:

- Analyzes the most active fields of research currently performed on nondigestible carbohydrates
- Focuses on the growing opportunity to deliver digestive health benefits through fibers and other novel carbohydrates
- Authors include highly recognized researchers from academe and industry experts
- Explores new possibilities in prebiotics and fermentable carbohydrates

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