

# Emotional Intelligence Box Set: 22 Amazing Lessons on How to Stop Being Insecure in a Relationship and How to Understand Your Emotional Problems (Emotional ... Insecurity, Emotional Problems)

Joan Cruz, Robin Lawson

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## BOOK #1: Emotional Intelligence: Learn What Emotional Intelligence Is, Why It Is Important, and Learn How to Improve It

Emotional Intelligence has been found to be a major attribute of life that guarantees success in every aspects of life. It can be rightly concluded that an emotionally intelligent individual can definitely conquer his or her world. It is impossible to be emotionally intelligent and operate at a mediocre level. Emotionally intelligent people have been known over time as people who make successful leaders and influence their world. The effects of emotional intelligence cannot be overlooked. This is a level every individual needs to get to in order to succeed in life, career, and family, work etc.

This book has been compiled as a means of creating a comprehensive discussion around the issue of emotional intelligence. It is definitely a book no one must miss out on. It is impossible not to be influenced to be emotionally intelligent after studying this book.

#### You will definitely be able to learn and understand:

- What is Emotional Intelligence?
- Know the history of Emotional intelligence and how it evolved
- Know the models of Emotional Intelligence
- Know the categories of Emotional Intelligence
- The importance of Emotional Intelligence
- Learn how to improve your Emotional Intelligence

### **BOOK #2: Insecurity: 22 Amazing Lessons on How to Stop Being Insecure in a Relationship**

Insecurity in a relationship can be damaging in a number of ways. This eBook aims to help the reader

confront issues of relationship insecurity with a series of insightful questions to help establish the causes of your insecurities, helpful advice to provide steps to address your insecurities and an overview of changes that can be made to improve your relationship by overcoming your insecurities.

This eBook is a key resource for anyone struggling to overcome insecurities that are preventing you from having a happy and healthy relationship. If you can find the time to follow the steps and advice in these 22 Amazing Lessons, then you will be taking the first steps towards a stronger relationship free from issues of distrust, loneliness and low self-esteem.

This book is divided into seven chapters to help the reader identify whether the root of his or her insecurities lies within or is caused by larger problems in the relationship. It then reviews some of the most common causes of insecurity within a relationship and gives simple, straight-forward advice on how to confront them.

#### These chapters cover:

- Evaluation
- Personal Demons
- The Comparison Trap
- Suspicion
- Making Changes
- Independence
- The Right Relationship

This is a must-have book for anyone struggling with issues of insecurity in a relationship.

Download this book, and find "BONUS: Your FREE Gift" chapter right after the introduction or after the conclusion.

Download your copy of "Emotional Intelligence Box Set" by scrolling up and clicking "Buy Now With 1-Click" button.



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The book untitled Emotional Intelligence Box Set: 22 Amazing Lessons on How to Stop Being Insecure in a Relationship and How to Understand Your Emotional Problems (Emotional ... Insecurity, Emotional Problems) contain a lot of information on that. The writer explains your girlfriend idea with easy way. The language is very clear and understandable all the people, so do not worry, you can easy to read it. The book was compiled by famous author. The author brings you in the new age of literary works. You can actually read this book because you can read more your smart phone, or device, so you can read the book inside anywhere and anytime. If you want to buy the e-book, you can start their official web-site along with order it. Have a nice study.

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